

## Wyggy's Tales

## August 2020

#### CONTENTS

Introduction	2
Birthdays / Welcome / In Memory	3
Cherryleas Development	4
Stamping Out Leprosy	5
The Rambling Resident	6
A Poem by a Mother's Union Member	7
Recipe Corner	8
Quiz Time	9
From The Master	10
Green Fingers	11
The Oddfellows	12
A Little More Organ Music	13
Time Capsule	14
Coffee Morning Fundraiser	15
Extra! Extra! Read All About It!	16

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## INTRODUCTION

Welcome to August 2020 Edition of Wiggy's Tales

The summer has been very unpredictable so far with heavy rain punctuated with bright if sometimes windy weather.

However it hasn't stopped our Gardening Group pruning and planting around the scheme. Several people have commented on how fine the grounds look at present despite the patchy weather and the ongoing building works. Thanks go to all in the Gardening Group for all their time and efforts – even in the most unseasonal weather.

I am very pleased to finally tell you that the works to Former Master's House are now complete and we welcome Canon and Mrs Tonkin as new residents. One benefit of our easing of the lockdown has been we have been able to finally let empty rooms and flats across William and Agnes House and so we have quite a few new faces joining our community. So welcome to them all.

The building works are continuing well and we hope to have the roofs installed on the Cottages in the next month. We have arranged for a time lapse camera to be installed shortly and will show the footage on a regular basis in the reception lobby for your interest.

We are still looking for ideas for socially distanced social events... if you have any suggestions please let the office know. We are very mindful of the wellbeing benefits of social events to those taking part, as well as the opportunity to raise fund for our nominated charities, so hopefully we can increase these events as the years goes on.

As ever many thanks to all who submit items for inclusion and we really appreciate your support in providing material for Wiggy's Tales – though you now have the opportunity to influence the future naming of this publication also.

If you have any stories or content ideas please let us know.

Thank you all – and as before please keep safe and alert.

chris

**PLEASE NOTE** : - William House Residents – If you are hard of hearing and have a fall, please shout once you have pulled the emergency cord, saying what the issue is, and the Wardens will be able to hear what you are saying.

## **BIRTHDAYS**

For those residents who have birthdays in August, we would like to wish you a very Happy Birthday!

Chantelle Leighton 1<sup>st</sup> August

#### William House

- Rosemary Smith
- Linda Lowrey

#### Agnes House

Peggy Colebourne	14 <sup>th</sup> August
Rita Jones	26 <sup>th</sup> August

5<sup>th</sup> August

6<sup>th</sup> August





We welcome **Barbara Ashman**, Flat 4, and **John and Margaret Tonkin**, Flat 49, to William House and wish them all many happy years here at Wyggestons

## **In Memory**



Sadly, we have two deaths to record in this edition.

Mrs Joyce Jenkins, Room 4 of Agnes House, who peacefully passed away on Friday 3<sup>rd</sup> July 2020.

Mr Derek Hillman, Room 25 of Agnes House, who peacefully passed away on Friday 17<sup>th</sup> July 2020.



Our thoughts and prayers are with their families and friends



## **Cherryleas Development**

## Building works are progressing well







We have been lucky enough to have some drone footage of the new buildings going up. The certainly give a new perspective on the build.

We should be getting these regularly so we look forward to sharing the progress with you

# Stamping Out Leprosy

It is hard to believe that something as seemingly insignificant as a used stamp can help transform the life of someone affected by leprosy. But the fact is it can! Every stamp has value to a collector somewhere in the world.

In 2019, £43,683 was raised for The Leprosy mission from the sale of donated stamps and collectables. In fact, over the past 30 years more than £1 million has been raised to help people affected by leprosy.

Thank you so much for taking the time to send us your stamps and collectables.

It takes seconds to rescue a used stamp from an envelope destined for the recycling bin. But,

by doing so, healthcare and opportunities can be given to those who need them the very most.

We would be so grateful if you could collect any of the following items:

- Stamps of all descriptions; UK and overseas
- Postcards
- Coins and bank notes from any county
- Cigarette cards



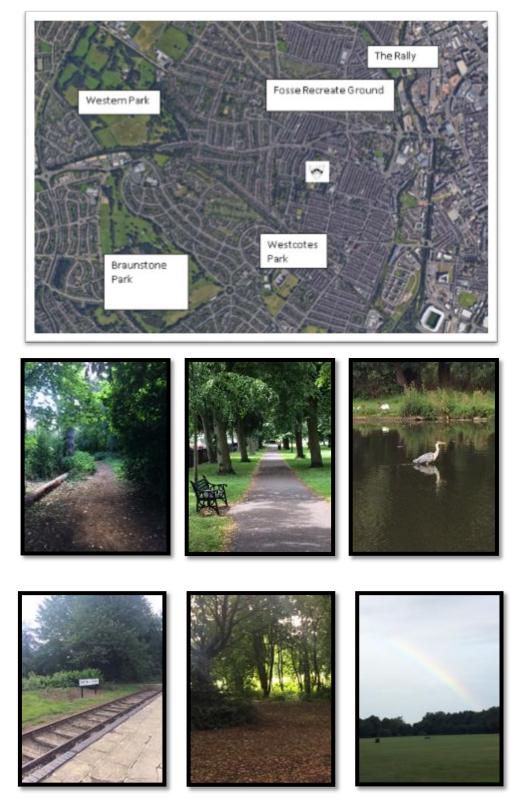
Saving a Second Class stamp may seem like a drop in the ocean. But the difference made collectively is immeasurable.

Don't forget, there is a jar in the library for you to put your used stamps in, or alternatively you can take them to the Admin office.

Thank you

# The 'Rambling Resident'

Our Rambling Resident has been out and about again! For those who aren't familiar, here is a map to show the location of some of the local places they visit!



#### A poem by a Mother's Union member.....

History will remember when the world stopped And the flights stayed on the ground And the cars parked in the streets And the trains didn't run

History will remember when the schools closed And the children stayed indoors And the medical staff walked towards the fire.. And they didn't run

History will remember when the people sang On their balconies, in isolation But so very much together In courage and in song

History will remember when the people fought For their old and their weak Protected the vulnerable By doing nothing at all

History will remember when the virus left And the houses opened And the people came out And hugged and kissed And started again....Kinder than before...

The Year 2020

## **RECIPE CORNER**

## **Vegetable Frittata**

#### Ingredients

- 1 tbsp oil
- 1 small onion, peeled and diced
- 1 courgette, sliced
- 150g cooked potatoes, sliced
- 150g frozen peas, defrosted
- 8 eggs
- 75ml single cream or whole milk
- 75g cheddar cheese, grated
- Salt and freshly ground black pepper

#### Method

Grease an oven proof dish or 20cm cake tin.

Heat the oil in a pan, add the onions and fry on a low heat for 5 minutes until starting to soften, add the courgette and cook for a further 5 minutes.

Transfer to the oven dish or tin and add the potatoes and peas.

Crack the eggs into a bowl and whisk them lightly together with the cream or milk, season to taste. Pour the egg mixture over the vegetables and grate the cheese over the top. Place the frittata in the oven to bake for 30 minutes until it is golden brown and piping hot throughout.

#### Top Tips

The frittata will keep in the fridge for 3-4 days.

You could use any leftover veg in this recipe, or replace the potatoes with sweet potato. Can be eaten hot or cold and makes a perfect finger food when served cold. Delicious served with a tomato salad.

## Lemon Self-Saucing Pudding

#### Ingredients

- butter 50g
- golden caster sugar 200g
- lemon 1, zested
- lemon juice 100ml (include the juice from the zested lemon)
- eggs 3, separated
- plain flour 50g, sifted
- milk 250ml
- vanilla extract 1 tsp
- icing sugar for dusting
- double pouring cream to serve

#### Method

Heat the oven to 180C/fan 160C/gas 4. Whizz the butter, sugar and lemon zest until they are pale and creamy in a food processor. Add the lemon juice, yolks, flour, milk and vanilla one by one until you have a smooth batter. Whisk the egg whites until firm but not stiff, and fold the mixtures together. Pour into a buttered ovenproof soufflé or baking dish and put it in a baking tray half filled with hot water. Bake for 45-50 minutes until the top is lightly browned and set and there is a gooey lemon curd below. Serve hot with or without cream.





#### History Quiz

1. Known as 'The Three Hundred and Thirty-five Year War', which country was officially at war with the Isles of Scilly (located off the southwest coast of England) between 1651 and 1986? a. France b. The Netherlands c. The Vatican State d. Spain

2. Joshua Slocum was the first man to accomplish what between the years 1895 and 1898?

3. In which river did the RMS Empress of Ireland sink with a loss of 1,012 souls?

4. A Churchillian expression and the name of an American jazz-rock band that played at the legendary Woodstock Festival. Four words.

5. Which four US Presidents or former Presidents have won the Nobel Peace Prize? One point for each correct answer.

- 6. Which 1873 repeater is known as 'The Gun that Won the West'?
- 7. What was the name of the chess playing computer that defeated World Champion Gary Kasparov in 1997?
- 8. Gavrilo Princip assassinated which man?
- 9. The unsuccessful US invasion of Cuba in April 1961 is known as what?
- 10. Which superlative does one associate with the Anglo-Zanzibar War?

11. With the exception of a few years in World War II, Indonesia was from the 17th century until 1945 a colony of which European country?

#### Places

1. Which famous island, named after an animal, is the only place in Africa where feral rabbits are found?

- 2. The blue and white flag known as 'The Saltire' is the national flag of which country?
- 3. Name the two US states named after King Charles I?
- 4. Named after a popular spice, what is the coastal area around Liberia called?
- 5. In which country is the southern most point of mainland Europe? a. Spain b. Italy c. Greece d. Portugal
- 6. Which three colours are found on the Hungarian flag?

7. Originally built to house judo competitions, what is the name of the famous indoor arena in Tokyo where countless bands and musicians have recorded 'Live' albums?

8. What kind of stallions perform the classical dressage at the Spanish Riding School in Vienna?

9. Name the three countries in the world that are landlocked (surrounded) by a single country. One point for each correct answer.

10. Lake Vostok is the largest lake on which continent?

11. Which two languages that end with the letter 'i' are in the top six list of most spoken languages in the world? (based on the number of native speakers)

#### Answers in the next Wyggy's Tales!

and Livingstone (I presume) 8. Rod Laver in 1969 (the rocket) 9. Tongue

Answers **TV Programmes**:1. A question of sport 2. Pop Idol 3. Bargain hunt 4. A touch of Frost 5. Top of the pops 6. Silent witness 7. Never mind the Buzzcocks 8. Have I got news for you 9 The Bill 10. Coronation Street. General Knowledge 1. An airship dock 2. Public Hangings 3. Four Answers: Mongolia, Myanmar (ex Burma), The Maldives, Malaysia 4. B. Fork 5. The first atom bomb 6. Six answers: a. Japan, b. France, c. Chilli, d. Cairo, e. New Orleans, f. Moscow 7. Stanley

## Leicester Lockdown

The Leicester Lockdown (announced on June 29th and extended on July 16<sup>th</sup>) came as a terrible blow not just because of cancelled holidays but also because it was so unpleasant for the City of Leicester to be the focus of so much negative attention from the rest of the country (and the world)!

What a contrast from the excitements of the Queen's visit in 2012; the extraordinary discovery of the remains of Richard III (also in 2012) and the fantastic week of the reinternment of those remains in the Cathedral in March 2015; and of course Leicester City winning the Football Premiership in 2016. At last we said, people all over the world knew about Leicester and we were 'on the map'!

I like living in multi-cultural and diverse Leicester and I particularly value the way leaders from different communities (including the various faiths) have worked hard on communication and togetherness which has meant that Leicester is highly regarded for its community cohesion and relationships. I was therefore encouraged by the announcement on Friday July 17<sup>th</sup> of 'Together in Hope'. This was how it was announced:

'The Bishop of Leicester is working in partnership with the University of Leicester's Vice-Chancellor and the CEO of Leicester City Football Club on a celebration of community spirit in Leicester and Leicestershire this weekend, supported by a raft of other public figures including Gary Lineker, Jonathan Agnew and Maggie Philbin.

Headed by Professor Nishan Canagarajah, Susan Whelan and Bishop Martyn, Together In Hope is highlighting messages of encouragement and the many acts of kindness and concern for one another that have been springing up during lockdown.

Sports, education, business, charity, arts, community and faith leaders and personalities are supporting 'Together In Hope' on social media, rallied by Turi King, Professor of Public Engagement at the University of Leicester, who is well known for her work on the discovery of the body of Richard III, and Revd Dr Tom Wilson of the St Philip's Centre, Leicester's internationally recognised interfaith centre.

Using the hashtags #TogetherInHope and #WeAreLeicester the coalition of leaders and personalities invite anyone with connections to the city and county to tell the world what we celebrate about Leicester and Leicestershire and how we'll come through this current challenge and move forward together in hope.'

This initiative received lots of positive media interest and I was pleased to see many messages of support on social media during the next few days after the announcement.

Having rejoiced and celebrated the good things in Leicester in the recent past we now need to pray for our city as it faces particular significant economic and social challenges.

Tony Leighton 28<sup>th</sup> July 2020

## **Our Green Fingered Gardeners!**

They've all been hard at work making the grounds a nicer place for you to enjoy!





## A Message from the Gardening Team!

We love gardening and what lovely gardens we have here. While we were clearing a patch by the Summer house we found some herbs (Oregano and Sage) and John Saunders has given us a few more (Chives, Mint, Marjoram and Lemon balm) and Jim has some Thyme to add to the collection. We will label them and as they get established hopefully people will be able to use them.

Thanks to everyone who stops to chat to us and all your encouragement

Heather, Sue, Clive and John

## Well done all, what a difference!!

# Be part of a friendlier society

Make friends, try something new, or enjoy a little extra support from people that care. Discover how the Oddfellows can help you get even more out of life.

Did you know your nearest branch is just around the corner?

Odd Fellows' House 127 Upperton Road Leicester Leicestershire LE3 0HF

You can attend a meeting without being a member, so you can see what it's all about? They have monthly meetings, meals or trips out and it is your chance to maybe get to know some more people, make new friends and have new experiences!

#### Member benefits include

- You'll have fun and make new friends
- You'll always have someone to turn to
- You'll get exclusive deals and offers
- Travel in confidence and in great company
- You can explore social history 24/7

## Everyone's Welcome!

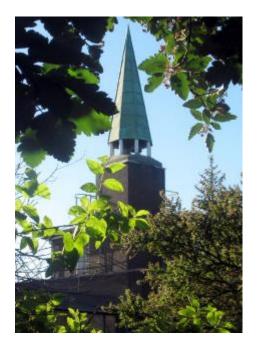
We will also be inviting the Oddfellows Brass Band to perform once we are able to recommence with concerts.

For more information about the Oddfellows, please visit www.oddfellows.co.uk

We will let you know when their meetings restart following lockdown.

ST URSULA'S CHAPEL

# EVEN MORE ORGAN MUSIC



# EVERY SUNDAY AT 10AM

# With either Geoffrey Clarke or John Seymour

We are grateful for the many kind appreciations of the music that have been expressed.

music to enjoy - to cheer - to inspire

(REMEMBER TO KEEP YOUR DISTANCE!)

# Wyggy's Time Capsule

A time capsule is a historic cache of goods or information, usually intended as a deliberate method of communication with future people, and to help future archaeologists, anthropologists, or historians.

## As part of the new properties we are building, we will burying a small time capsule!



If you have any (sensible) ideas of what we could place in it then please let Chris or Melissa know!



## **Coffee Morning**

We will soon be holding a socially distanced coffee morning which will include selling of cakes, and other produce to raise money. If you have anything you could make to sell, whether it be cakes, savoury items, preserves, bags, face masks etc then all proceeds will be going towards our two nominated charities

It is also an excellent opportunity to meet our newest residents and resume a bit of much needed normality!

We will announce the date as soon as we have a good weather window so we can hold the coffee morning outside, giving everyone the opportunity to attend!

We would also like to hold a Bake Off and are hoping that representatives from Bodie Hodges Foundation and Leicestershire and Rutland Blood Bikes will be sampling and judging the goodies on offer!







# We have heard that the title of 'Wyggy's Tales' isn't very popular, so it's over to you to suggest a new name.

Please can you ensure it is 'newspaper' related ie Wyggestons Gazette etc

Please submit your suggestions to the Admin Office or put them in the suggestion box!

