

WYGGESTONS NEWSLETTER

JUNE 2021

INSIDE THIS ISSUE

PG. 7

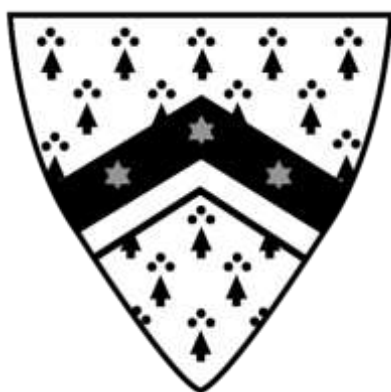
Meet the Governor – It's time to get to know another Wyggestons Governor!

PG. 11

Time for a Cuppa – We had a fantastic turn out for our fundraiser. Take a look at all of the big smiles in the photos!

PG. 10

Quiz Time – Get your brains in gear for this month's quiz!



PG. 16

SCAM ALERT!! – Don't get caught out! Read all about the latest scams

**PROTECT
YOURSELF
FROM SCAMS**

CONTENTS

Welcome	3
Birthdays	4
Cherryleas Development	5
Recipes	6
Meet the Governor	7 - 8
Residents Corner	9
Quiz Time	10
Time for a Cuppa Event	11 - 12
Be Scam Aware!	13 - 15
And Finally	16

Welcome

Welcome to our June issue of the Wyggeston Newsletter!

After a very wet May hopefully the weather has now turned and we can finally enjoy a very late spring.

June is going to be a very busy month as we commence the much anticipated refurbishment of the link bridge and the upgrading of the warden call system. Once this is completed the heating boilers to the site will also be replaced, which I am sure you will all welcome.

So there is going to be some disruption for which we apologise in advance but we have contingency plans in place to ensure there is no change the services – please bear with us!!

The return to the normality with the recommencement of social activities is really pleasing to see and this month we hosted a fantastic Time for a Cuppa event at Agnes House, which was so well attended by residents and families. The joy of seeing families and their loved ones at Agnes House brought a tear to everyone's eyes. The tremendous effort by our care team resulted in raising over £1,000 in the afternoon for Dementia UK.

We are following the mantra of a slow and steady at present in getting back to the old ways of working as we are mindful that the pandemic is still amongst us, so we are postponing Founders Day to the Autumn this year, so that we can assess how best to celebrate the legacy of William Wyggeston in the safest manner.

In this issue we have another "Meet the Governor" with Anne Brown who shares her Almshouses background, for your interest, lots of photos of the Time for Cuppa and the new development. We hope to arrange open days for residents and staff to visit the new properties over the summer prior to completion.

Finally the pandemic has brought out the worst in some people - and criminals are looking at new ways of exploiting people. As a response to your queries we have created a feature on scams for your interest and information. If you have any doubt on any contact you receive from another organisation please tell the staff and we will assist you to remain safe.

As ever – please keep sharing stories and articles about your past or hobbies with us and any other features you would like to see.

Chris

**PLEASE NOTE THE FINANCE OFFICE
WILL BE OPEN TO RECEIVE
PAYMENTS ON
TUESDAY 29TH JUNE 2021**



For those residents who have birthdays in June, we would like to wish you a very Happy Birthday!

William House

June Foster	9 th June
Georgie Toon	9 th June
Shirley Hibberd	19 th June
June Dunsire	22 nd June

Agnes House

Sylvia Warren	12 th June
---------------	-----------------------

The Chapel Collection box was emptied on 26th May 2021 and contained £175.20!

Thank you
SO MUCH!

Cherryleas Development

The new development is progressing well, glass is being fitted throughout and it's almost watertight!!





Why not give these easy seasonal recipes a go!

Stuffed Tomatoes

Ingredients

- 6 large ripe tomatoes
- 75g (2 1/2 oz) long-grain rice, uncooked
- 1 clove garlic, chopped
- 2 tbsp basil, chopped
- 2 tbsp mint, chopped
- 2 tbsp flat-leaf parsley, chopped
- 1 tbsp thyme leaves, chopped
- Grated zest 1 lemon
- 3 tbsp olive oil



Method

Heat the oven to 180°C (gas mark 4). Slice the tops off the tomatoes and set them aside. (These will serve as 'lids'.) Using a teaspoon, scoop out the pulp and juices and place in a bowl. Add all the rest of the ingredients to the bowl, season well and mix thoroughly.

Spoon the mixture into the tomatoes and place in a small roasting tin (large enough to hold them in a single layer). Top each tomato with its 'lid'.

Bake for 35 minutes, or until tender.

Rhubarb Cordial

Ingredients

- 300g golden caster sugar
- zest and juice 1 orange
- zest and juice 1 lemon
- 450g rhubarb , chopped
- 1 slice fresh root ginger , peeled

Method

Put the sugar in a large saucepan with 300ml water. Bring to a simmer then add the zest and juice of both the orange and the lemon along with the rhubarb and the ginger.

Cook the mixture over a medium heat until the rhubarb is falling apart.

Pour the mixture through a sieve lined with muslin into a clean heatproof jug then transfer to sterilised bottles. Keeps in the fridge for up to 1 month.

Serve approx. 25ml of cordial per 100ml sparkling water, or to taste.



If you have any recipes to share then please let us know!

Meet your Governors

Over the upcoming months we will be asking the Governors to introduce and tell us a bit about themselves.....

Introducing: Anne Brown

I am Leicester born and bred and have 2 brothers who still live in the area along with a 92 year old Mother. I have a daughter, Debbie, who lives in Switzerland with her partner and a married son, James, who has 2 boys aged 6 & 2, and lives in Hertfordshire. Although I joined the Governors at Wyggeston in 2016, I had visited on a number of occasions before that and been invited to the Founder's Day Service and Tea since the late 1990's as a guest of Dennis Cooper.



My background is Secretarial and after returning in 1993 from 21 years in South Africa, I was appointed to the position of Assistant Clerk to the Framework Knitters Livery Company. My family has connections with the Textile trade and both my Father & Grandfather were Masters of the Company. A large part of my job was to manage the Cottage Homes Almshouses in Oadby for retired textile workers. Rather a daunting job if you have no experience in this field. Luckily for me, I was able to attend an Almshouse Meeting in Derbyshire within the first few months and at the tea break happened to be standing next to Dennis Cooper and realised that he was from Leicester too. I introduced myself and after that if I needed some general advice on running an Almshouse, I would give him a ring. We met regularly at Almshouse Meetings and he then invited me to come to Founder's Day.

Part of my job at the Cottage Homes had involved the complete renovation of 14 Cottages and rebuilding of 11 during my 20+ years there. When I retired, Dennis approached me about becoming a Governor – perhaps because of my knowledge not only with running an Almshouse set up, but because of the experience I had with building works. I hope that I have been of some help over the last few years – I have certainly enjoyed being involved and seeing Lancaster House and the bungalows through from plans to homes of the future.

I am a member of the U3A in Market Harborough where I live with my miniature long haired Dachshund, Jago. He drags me out for a walk every day. My hobbies include Patchwork (of which I have done a lot during lock down). Like all Clubs, our group has not been able to meet so I am looking forward to seeing what everyone else



has been working on when we finally get together.



I am also involved in two Miniature Dollhouse Clubs where we run workshops to make items or just take something along we are working on. Because of lockdown one of my Miniature groups decided to post out kits and then have a zoom meeting whilst we made them up – zooming was a new skill we all had to learn! I also enjoy a good book when I have time and sitting in my garden on a sunny day.

Anne



RESIDENTS corner

Many of the residents (and staff too!) would like to say how much we appreciate Shirley's (flat 13) kindness in providing everyone with frequent treats of her homemade cakes and scones. They are always so delicious and are enjoyed by all.



Please note that Sunday lunches at William House will return on 6th June.

As the numbers will be limited, please ensure you book in advance.

Please contact the wardens for further details.

QUIZ TIME

1. Which English football team are known as The Seagulls?
2. In which English city is the Whitworth art gallery?
3. Who was the first US President to be born after the end of World War II?
4. In TV's "The Simpsons", what is the name of the news reporter?
5. Which songs with "House" in the title were UK top twenty hits for the following artists,[a] House Master Boyz (1987), [b] East 17, [c] David Zowie (2015), [d] The Animals and [e] Vera Lynn (1956)?
6. What type of creature is a chafer?
7. What is the capital of the German State of Saxony?
8. What was the maiden name of former UK Prime Minister Theresa May?
9. To which song did Bill Murray awake to repeatedly in "Groundhog Day"?
10. In which month of the year does "The Last Night of the Proms" traditionally take place?
11. In which part of the body would you find the "Pons Varolii"?
12. Of what is Potamology the scientific study?
13. The body snatchers Burke and Hare operated in which British city?
14. Who played the role of the Penguin in the 1960s TV series of "Batman"?
15. Who composed the one-act opera known in English as "Bluebeard's Castle"?
16. Which is the largest snake that is native to the British Islands?
17. What is the name of the castle that sits on the banks of Loch Ness?
18. What is the name of the character played by Tom Cruise in the "Mission Impossible" series of movies?
19. Which rapper had hit albums in the 2000's entitled "College Dropout" and "Late Registration"?
20. In Shakespeare's "A Midsummer's Nights Dream", Peter Quince had what profession?

Answers in the next newsletter!

Answers: 1. Two (Boleyn and Cleves) 2. Kindie 3. Marlon Brando 4. Motor racing 5. Marengo 6. Alabama 7. Keith Richard 8. Red, yellow and blue 9. Ricklets 10. Uruguay 11. Andy Warhol 12. Somerset 13. Earth 14. Atlantic 15. English Civil War 16. The Crucible, Sheffield 17. Red 18. Two 19. Nones 20. St Pauls Cathedral.



The Time for a Cuppa event raised a staggering **£1125.10** for Dementia UK. A huge congratulations and thank you to everyone involved, especially the staff at Agnes House! Here's a few photos from the day....





We think you'll agree that every bit of stress and every sore foot was worth to see those smiles on residents, families and friends faces after such a difficult period of separation ❤️



Delivery text scams: the nasty new fraud wave sweeping the UK



It starts with a text about a fee for a parcel ... and can end with criminals emptying your bank account. Victims and experts explain how to avoid it

When a 70 year old lady received a text in early March saying she had missed a delivery from [Royal Mail](#), and she needed to pay a £2.99 fee to receive her parcel, she followed the instructions, and clicked through to make a payment. “It’s happened before where people haven’t paid the correct postage, and you are asked for the difference,” she says.

Nothing seemed awry until she got a call from somebody who claimed to work the fraud department at her bank, Santander, saying there was suspicious activity on her account. She hung up, called back a number she says she found on the bank’s website, and spoke to someone who told her a payment of £750 to Amazon had been paid from an address in a different city. Over the next few days, the man convinced her that her account had been compromised, and persuaded her to visit a branch twice and transfer £35,000 to a different bank, where it would be safe from the criminals.

The lady had fallen victim to a scam in which fraudsters send out messages claiming to be from Royal Mail, or other courier firms, saying that there is a fee that needs to be paid before a parcel can be delivered. The texts and emails include a link to a webpage that asks for payment details and other personal information. The fraudsters use these either to set up accounts or payments in the victim’s name, or to start a more elaborate con where they pose as a bank employee and talk the victim into moving money to an account they control.

The scammer who spoke to the lady told her he suspected the security breach stemmed from someone at her local branch. He said he had set up an account in her husband’s name at another bank, and that she needed to move her money into it to keep it safe. On the first day, she transferred £25,000, and on the second day, she went back and moved £10,000 – money she and her husband planned to use to move home.

“In the end, I was shouting at him, asking why he couldn’t just close my account, but he said it was under the control of the Financial Conduct Authority,” she says. “It was very sophisticated.”

Scams making use of delivery firms’ names are not new, but the online shopping boom – and confusion over new fees that have come in since the Brexit transition

period ended on 31 December – have given fraudsters a bigger pool of potential victims to phish in. Previous incarnations – which have involved cards put through letterboxes asking recipients to phone premium-rate numbers, as well as texts – tended to happen around Christmas, when people expected parcels from friends and, in more recent years, online deliveries.

With lockdown, we have all become mail-order shoppers, meaning more chance of a spam text landing with someone who is expecting a parcel. Action Fraud, the UK's national reporting centre for these types of crimes, wasn't able to give figures across the delivery industry, but says that between June 2020 and January 2021 it received 2,867 crime reports mentioning DPD, and that victims reported losing £3.4m over the same period. In December, the equivalent of 533 fake DPD emails a day were sent on to the [suspicious email reporting service, which was launched](#) last year.

Not all the frauds happened as quickly. One consumer received an email claiming to be from DPD in December, when she was waiting for some face cream to be delivered. She says she filled in her details because she “wasn't thinking straight ... I got home, came to my senses and rang up my bank, which cancelled my card.”

All seemed well until February, when she was called by a man saying he was from her bank's fraud department and someone had attempted to use her account to spend £745 on kitchen equipment. He appeared to be calling from Halifax's phone number, and said he was able to see what she was doing on her phone's banking app. “That's why I was so convinced,” she says. “I said a couple of times: ‘Halifax wouldn't ask that,’ but he said: ‘This is coronavirus time, it's not a normal time.’”

She said she had a strange feeling that she was being bullied, yet she wanted to do the right thing. “I've never quite felt like that before,” she says. Like other victims, she was persuaded to move money into an account to keep it safe. She had transferred more than £8,000, and was about to move more, when the app crashed. Then he ended the call. She rushed to her bank, which she realised was closed, and then made calls to try to get her money back. It was only after several weeks that she was refunded. “It made me feel I was vulnerable,” she says. “It brought me in touch with the darker side of humanity.”

Royal Mail says it works with law enforcement agencies, and organisations such as the Chartered Trading Standards Institute, to share information and try to protect people from scams. A spokesperson says the company will only send email and SMS notifications “in cases where the sender has requested this when using our trackable products that offer this service”. Royal Mail adds: “In cases where customers need to pay a surcharge for an underpaid item, we would let them know by leaving a grey ‘fee to pay’ card. We would not request payment by email or text. The only time we would ask customers to make a payment by email or by text is in some instances where a customs fee is due. In such cases, we would also leave a grey card telling customers that there's a fee to pay before we can release the item.”

It has advice about how to spot a fake notification, and what to do about it, [on its website](#).

UK Finance, which represents the banking industry, says banks will never ask customers to transfer money to a safe account or get in touch out of the blue to ask for a pin, full password or passcode. It says customers should follow advice in its [Take Five to Stop Fraud](#) campaign, and also report scam texts by forwarding them to 7726 (which should work with every mobile service provider).

If you receive a text message, phone call or email claiming to be from a trusted organisation, such as a parcel delivery company or your bank, stop and think before you part with your money or information. And don't click on any links or attachments in case it's a scam.



Remember.....



And Finally...

You **MUST** continue to wear a mask once you have been vaccinated, you may be protected but you can still spread coronavirus to others

