

# WYGGESTONS NEWSLETTER

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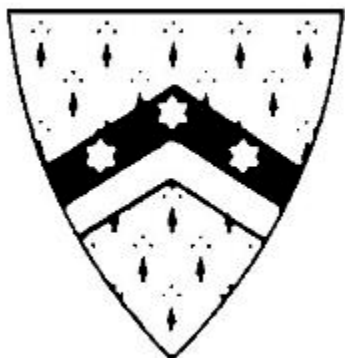
**Recipe Corner** – Time for some feel good comfort food!

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**Wyggestons Art Group** – Get creative and improve your wellbeing at the same time! You never know, you might be surprised!

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**Fundraiser!** Put the 22<sup>nd</sup> October in your diaries, let's raise some money for our chosen charities!



### OCTOBER IS 'THE BIG DRAW'

The Big Draw is a visual literacy charity that promotes the universal language of drawing as a tool for learning, expression and invention. Every year, the Festival encourage thousands of creatives across the globe to come together to pick up a pencil, grab a paintbrush, make a collage, create an animation - anything you like - because we want to get everyone drawing!

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## **INTRODUCTION**

Welcome to the October 2020 edition of the new look newsletter.

Thank you for all the positive feedback concerning our new look newsletter. Though our format has changed this is still your newsletter and we still need your input in the form of articles and stories to fill the pages.

I am delighted to say that despite the ongoing restrictions we have been able to recommence our Chapel services and even managed to include our residents from Agnes House, after such a long suspension of worship. I know the services have been much missed by many of you and a big thank you to the Master and staff for working so hard on safely re-establishing them.

The social activities also continue to thrive and this month we are setting up a bake sale in aid of our designated charities for 2020. See page 12 for details.

The gardens are also beginning to flourish following all the hard work of the residents gardening "club" who have cleared the undergrowth throughout the site, tidied the memorial garden and are now planting bulbs across the grounds. A very big thank you for all their work.

The new buildings continue apace and the roofs are nearly completed on the cottages and the second floor will shortly be on the hub building.

I can finally announce this month that the new cottages will be named after our farm holdings in the East Midlands, and I can confirm we are cementing another of our historic links by naming the new hub building Lancaster House, after the Duchy that has been so closely connected with Wyggestons since the 1530s.

Thank you all for your support during these testing times and please keep safe and alert

Chris

**PLEASE NOTE THE FINANCE OFFICE WILL  
BE OPEN TO RECEIVE PAYMENTS  
ON  
TUESDAY 27<sup>th</sup> OCTOBER 2020**

**BIRTHDAYS**

For those residents who have birthdays in October, we would like to wish you a very Happy Birthday!

### William House

Barbara Ashman	3 <sup>rd</sup> October
Michael Brown	8 <sup>th</sup> October
Clive Austen	10 <sup>th</sup> October
Brian Taylor	17 <sup>th</sup> October
Sylvia Grant	21 <sup>st</sup> October
Muriel Miller	21 <sup>st</sup> October
Jim Perks	25 <sup>th</sup> October



### Agnes House

Paul Hamilton	9 <sup>th</sup> October
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We welcome **Tony Blower**, Flat 5, and **Lil Norton**, Flat 6, to William House aswell as **Betty Slater**, **Edna Ayres** and **Sheila Fox** to Agnes House. We wish them all many happy years here at Wyggestons

*In Memory*

Sadly, we have a death to record in this edition.

Mrs Doris Snow, Room 13 of Agnes House, who peacefully passed away on Saturday 5<sup>th</sup> September 2020.



Doris had been a resident at Agnes House for over 14 years and will be sadly missed.

Our thoughts and prayers are with her family and friends

CherryLeas



Development



Some of the Governors came for a site visit on 21<sup>st</sup> September



The build is coming along nicely! We should have the next drone footage to share shortly

**Caroline and Bernard:**

**(Last month's rural romance)**

## **WHAT WAS THE DATE OF ROBERT'S BIRTHDAY PARTY ?**



(1) **FINDING THE DAY AND MONTH IS FAIRLY EASY.** The big clue is the mention of Mayday: *'It was the local custom to celebrate Mayday, (this year happily falling on a Saturday)'*

In August 2020 just past the 1<sup>st</sup> of the month was also on a Saturday, so it becomes easy to count the days of various events in the story by using the August 2020 calendar as if it was the month of May.

Saturday 1<sup>st</sup> May: May Day celebrations in the village. Caroline posts two letters (1) to the Accountant's office applying for the job there, and (2) to the 'Meeting Point' editor at the Daily Echo.

Wednesday 5<sup>th</sup> May: She receives two replies, (the post was quick and reliable in those days!) one from the accountants, one from Bernard. She phones Bernard while he is watching the political news. (We are told there was a local election the next day 6<sup>th</sup> May). In conversation they choose to meet on the Sunday Week (16<sup>th</sup>). (This seems to be a long unromantic wait: why couldn't they meet a week earlier on the 9<sup>th</sup>? The reason: the plot needs an extra week for the chronology of the story to be credible.)

Monday 10<sup>th</sup>: The interview – at which she gets the job, but also learns from the receptionist about the mistaken identity. There are two Mr B Wittingtons: Barry and Bernard. The same evening she phones Bernard again and they agree to meet on the day originally planned...

Sunday 16<sup>th</sup>: They meet. And the narrator tells us it was now just under three weeks to Robert's party. Three weeks would take us to Sunday 7<sup>th</sup> June – but it was just before that date so Robert's party was on **Saturday 5<sup>th</sup> June or possibly on Friday 4<sup>th</sup> June.**

**(2) FINDING THE CORRECT YEAR** is a little more complicated. It's *technology* which us the clues.

(a) There is no mention or use of mobile phones. These were available (first as car phones) but not widely used until about 2000, so we must look for a year before then.

(b) The big clue is the use of a FLOPPY DISC. These were introduced by IBM in 1986, but not widely used for a few years after that, say 1990. In 2006 PC World no longer sold them. So they were probably little used after about 2002. So we need to look at years between 1988 and 2002.

Two more clues: (c) Google soon reveals that between 1988 and 2002 there were May local elections in 1989, 1993 and 1997. Finally (d). There are two years when 1<sup>st</sup> May was on a Saturday: 1993 and 1999. So there is only one year with a local election on 6<sup>th</sup> May, and May Day on a Saturday: **1993**.

**ROBERT'S PARTY was therefore on Saturday 5th or Friday 4<sup>th</sup> June 1993.** Did you get it? Quite easy, really!

## From a fictional 18th birthday to a real life 90<sup>th</sup>....

...A big thank you to all who made the 22<sup>nd</sup> September such a happy day. Thanks to Wygggestons for the cakes, flowers and gifts. To Chris and Tony for their ideas and encouragement; to the wardens for their help; to Jared for moving the furniture, to Gabrielle for taking lots of photos, and to all the many residents who sent greeting cards and who came to view the exhibition.



Thanks to our daughter Cathy for love, encouragement and providing the balloons and to Margaret for being the big help she always is!



All that remains now is for me to get used to the idea of being 90!

John Seymour Flat 56

### RECIPE CORNER

As the nights are starting to draw in, there's nothing better than some good mood comfort food!



## Roast Cod with a lemon, garlic and parsley crust

### Ingredients (Serves 4)

- 675g/1lb 8oz cod fillet, 3cm/1¼in thick
- 85g/3oz white breadcrumbs, soft or slightly stale
- 3 tbsp finely chopped fresh flatleaf parsley
- 2 garlic cloves, crushed
- ½ lemon, finely grated zest only
- 60g/2¼oz butter, melted
- squeeze lemon juice
- salt and freshly ground black pepper
- lemon wedges, to serve

### Method

Season the cod with salt and pepper to taste. Mix the breadcrumbs with the parsley, garlic, lemon zest, salt and pepper, then add butter and lemon juice. Mix thoroughly with your fingers. Place the cod in a shallow, ovenproof dish and press the buttered crumbs firmly onto the cod to form an even crust. Bake at 220C/200C Fan/Gas 7 for 20–25 minutes until the crust is browned



## Cauli-Macaroni Cheese

### Ingredients (Serves 4)

- 300g rigatoni , penne or macaroni
- 1 small cauliflower , separated into florets
- 200ml crème fraîche
- 2 tsp wholegrain mustard
- 175g red Leicester , grated
- 2 tomatoes , cut into wedges

### Method

Bring a large pan of salted water to the boil. Add the pasta, stir well, bring back to the boil and then cook, uncovered, for a couple of minutes. Tip in the cauliflower florets, bring back to the boil again and cook for a further 8-10 minutes until both the pasta and the cauliflower are tender but still firm to the bite. Drain well. Preheat a hot grill. Add the crème fraîche, mustard and all but a good handful of the cheese to the pasta pan. Stir over a low heat until the cheese just starts to melt. Tip the pasta and cauliflower into the cheese sauce and gently stir together. Season and transfer to a flameproof dish. Scatter the tomatoes over the top followed by the rest of the cheese and some pepper. Grill for about 5 minutes until browned and bubbling.



**If you have any recipes that you would like to share then please let the office know**

## QUIZ TIME

1. Found in both Irish and Indian flag: what is the most sacred colour of Hinduism?



2. Lutz, Axel and Camel are terms associated with what sport?
3. What is currently the UK's longest continuous running game show?
4. What is the stage name of Sir Thomas John Woodward?
5. What is the name for a treat with currants squashed between two thin, oblong biscuits?
6. The world heritage site of Petra is located in what country?
7. Allegro is a musical direction meaning to play how?
8. How many squares/spaces on a chess board?
9. Name the French cartoon skunk that is madly in love with a reluctant cat?
10. Gavin and Stacy: Name of Smithy and Vanessa's baby?
11. What British chocolate company takes its name from its environmental concerns and the high level of cocoa solids it uses?
12. What is the unusual talent/skill of Sally Morgan?
13. What is the name of Sherlock Holmes' housekeeper?
14. 50 cardinals, two flamingos and six penguins attended the 1963 London premiere of what film?
15. The M20 motorway runs through what English county?
16. What animal is on the cover of The Beach Boys' Pet Sounds album?
17. Henry Cooper and Kevin Keegan both appeared in adverts for what after shave?
18. Who is the wife of musician Jamie Cullum?
19. Philip Treacy is known as a designer of what?
20. What is an ice hockey puck made from?

Answers in the next newsletter!

Answers 1. Delilah (Tom Jones), 2. Mardi Gras, 3. Six (Apollo 11, 12, 14, 15, 16 and 17), 4. Ralph Fiennes, 5. Helios, 6. Switzerland (Monique Bond, nee Delacroix), 7. Pain, 8. Bahrain, 9. The Six Day War, 10. Cloud formations, 11. Titan, 12. '2001 A Space Odyssey' and '2010, The Year We Made Contact', 13. Ukraine girls, 14. Bona Fide, 15. Pan Am and KLM, 16. The four minute mile, 17. Dr. Strangelove, 18. Two answers, The Beatles '1' and Adele '21', 19. The ear. (it is the small piece of protruding cartilage at the front side of the ear), 20. Rudolf Hess

## Wyggestons Art Group

Have you ever looked at a painting or drawing and thought “I wish I could do that”? Or has someone in the past, maybe a teacher in long gone school days, been dismissive of your efforts, and you have given up, but the idea is still there that maybe I could achieve something. Like everything it’s a matter of practice and not thinking you can achieve a masterpiece in the first few weeks. Having to be patient.

At the Wyggestons art group, which meets in the chapel on Wednesday morning at 10am, people can work on their own subject with help from each other. There is no competition. Why not look at all the different styles and genre on the walls on the first and second floor to see what we have been doing.

Why not give us a try? You will be warmly welcomed and maybe you will surprise yourself in what you can do. We have a certain amount of paper, pencils and paints for you to have a try before you buy your own. Residents at the moment are doing different things i.e. painting in watercolours or acrylics, drawing in pencil or colour pencils, or pen and ink.

Art can help with anxiety as you are concentrating on your work and the time soon passes. There may be a real talent hidden inside you longing to be fulfilled. Do come and find out. You would also be very welcome to just come and see what we’re doing.



# October is ‘The BIG Draw’ Month



Founded in 2000, The Big Draw is a visual literacy charity that promotes the universal language of drawing as a tool for learning, expression and invention.

The charity leads a diverse programme of advocacy, empowerment and engagement, and is the founder and driving force behind The Big Draw Festival – the world’s biggest celebration of drawing.

It can be a drawing of anything, black and white or colour – get your creative juices flowing!

**We will be more than happy to display and show case your works of art in the building and on social media!**



17<sup>th</sup>-23<sup>rd</sup> Is National Baking Week **AND** National Chocolate Week and if that's not a time to celebrate then I don't know what is!

As this pesky Covid-19 has put a stop to all of our fundraising events we have had to rethink how we can raise money for our chosen charities.

We thought we could hold a socially distanced sale, in the boardroom, on 22<sup>nd</sup> October, which will include selling of cakes, and other produce to raise money. If you have anything you could make to sell, whether it be cakes, savoury items, preserves, bags, face masks etc then all proceeds will be going towards our two nominated charities

It is also an excellent opportunity to meet our newest residents and resume a bit of much needed normality!

We also hope to invite representatives from **Bodie Hodges Foundation** and **Leicestershire and Rutland Blood Bikes** to the day, dependent on lockdown rules.



We would also like to thank you all for the incredible Chapel collection of **£164.80** which will likewise be going towards our two nominated charities.



# St Ursula's Chapel Services

## **Sunday October 4<sup>th</sup>**

10.00am William House Morning Service  
Revd Tony Leighton

## **Tuesday October 6<sup>th</sup>**

10.30am Agnes House Morning Service  
Revd Tony Leighton

## **Sunday October 11<sup>th</sup>**

10.00am William House Holy Communion  
Revd Tony Leighton

## **Tuesday October 13<sup>th</sup>**

10.30am Agnes House Holy Communion  
Revd Tony Leighton

## **Sunday October 20<sup>th</sup>**

10.00am William House Morning Service  
Revd Tony Leighton

## **Tuesday October 22<sup>nd</sup>**

10.30am Agnes House Morning Service  
Revd Tony Leighton

## **Sunday October 27<sup>th</sup>**

10.00am William House Morning Service  
Canon John Tonkin & Sue Hulatt

## **Tuesday October 29<sup>th</sup>**

NO SERVICE



# IN the NeXt iSSue.....



Please let us know what kind of things you would like in the upcoming issues. Is there anything you don't particularly like that we currently do?

**If you don't tell us, we don't know!!!**



We would like you all to write one piece of advice each to new Wyggestons residents 100 years in the future.

Please can you let the wardens have these by **6<sup>th</sup> October** so that we can collate them ready for the time capsule burial mid-October.





**A great big thank you to Mary Brown, Pauline Clarke , Gabrielle Holden and Marjorie Marcer for doing a fabulous job of decorating the Chapel for the Harvest Thanksgiving**

*AND Finally...*

**Please don't forget to put your clocks back an hour when you go to bed on 24<sup>th</sup> October!**

