

# WYGGESTONS NEWSLETTER

JULY 2021

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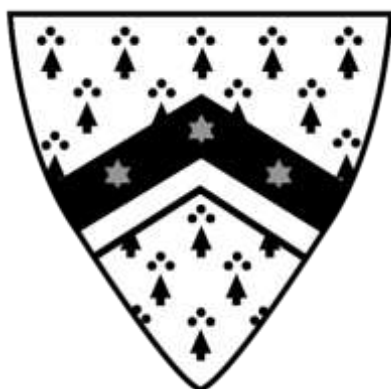
**Meet the Governor** – It's time to get to know another Wygggestons Governor!

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**Recipes** – Why not try these simple recipes. Better still, if you have a recipe you'd like to share, please let us know!

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**Quiz Time** – Time to see how much you know about your home country in 'Around Britain'



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**The Pangnirtung Screamer!!** – One residents fascinating trip to a brand new Canadian Province!



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The Chapel collection box was emptied on 23<sup>rd</sup> June and contained  
£124.50. Thank you!!!

**If you have anything you would like to add  
or see featured in the next newsletter  
then please let us know!**



Welcome to our July issue of the Wyggeston Newsletter!

So what a lot of changes this month!

The refurbishment of the link bridge has started this week, along with the upgrade of the warden call system – we hope the disruption has not affected you too greatly.

In the new development we have welcomed applicants to the Cottages for open afternoons over the last two weeks, which have been very positive despite the variable weather. We hope to be able to show these to residents and staff in the coming weeks.

Lancaster House is presently having the apartments fittings installed and painted and work on the ground floor rooms will commence shortly. The unsightly roof is being investigated so a suitable repair can be carried out. The removal of garages has really opened up the view on to the site and we are presently discussing the design for the new formal gardens between Agnes and William Houses.

It is really pleasing to see more and more families and visitors coming into the Homes and a degree of normality again. The good weather has helped the gardens and the colours in the flower beds around the Almshouses are delightful. Particular thanks to Heather and Clive (as well as Sean and his team) in their work with the hanging baskets and improving the beds at the front of Agnes House and generally making the grounds look so inviting for us all. We are arranging to rebuild the planters around the site also shortly and even the William Wyggeston statue has had a much needed facial repair!

This month we feature an article from Canon Tonkin about his remarkable travels in Northern Canada and a pen portrait from Governor Pam Posnett, until recently the Chairman of the County Council.

As ever please share any stories or tales you wish to share with us and any ideas for other features.

Chris

**PLEASE NOTE THE FINANCE  
OFFICE WILL BE OPEN TO  
RECEIVE PAYMENTS ON  
TUESDAY 27<sup>TH</sup> JULY 2021**



For those residents who have birthdays in July,  
we would like to wish you a very Happy Birthday!

### **William House**

Michael Heyden	2 <sup>nd</sup> July
John Stringer	7 <sup>th</sup> July
Owen Shepherd	17 <sup>th</sup> July
Sally Cummins	18 <sup>th</sup> July
Kathleen Godbold	19 <sup>th</sup> July
Marjorie Marcer	26 <sup>th</sup> July

### **Agnes House**

Kathleen Williams	19 <sup>th</sup> July
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Welcome to new William House resident Betty Bell who  
is moving in to Flat 7 on 1<sup>st</sup> July!  
Don't forget to say hello if you see a new face around!



# Cherryleas Development

The glass is in and the garages have been demolished!



## **The Pangnirtung Screamer** **(& Margaret's Flying Knitting Needles and John's Green Hat!)**

On April 1<sup>st</sup> 1999, after 15 years of negotiations a new Province was founded in Canada. It is called Nunavut with Iqaluit as its capital, and one of its small towns named Pangnirtung.

In May 1999, Margaret and I flew to Iqaluit arriving to hear the bells of the igloo shaped Cathedral ringing to mark Ascension Day. We had been invited to attend the 10 day Diocesan Synod which was due to begin on the 26<sup>th</sup>. On the 19<sup>th</sup> we were due to fly to Pangnirtung but the arranging of that flight had presented difficulties for Margaret.



Why?

Well in the weeks leading up to April 1<sup>st</sup> the UK's Sunday newspapers had printed many articles about the historic event of a new Province. Some of the journalists found the 50 minute of flight (in a 6 seater plane) to Pangnirtung to be frightening and had nicknamed the plane 'The Pangnirtung Screamer'.

In Pangnirtung was the small college for the training of clergy and I had been invited to discuss with the students the 13 Apostles of St Paul which are found in our New Testament.

Margaret was very uncertain about taking that flight but after feeling that God was saying "in all your journeys I will be with you" she agreed to accompany me.

We six passengers sat one behind the other down one side. I, as the front one, was within touching distance of the pilot. We flew over land and frozen sea inlets and finally what seemed almost like a cutting between fairly high hills to land on Pangnirtung's single runway which ended as a cliff dropped into the sea!

During the flight, Margaret knitted like mad. The end result? The best week of all the five weeks we had in Nunavut – which has nothing to do with Margaret's knitting but has something to do with John's green hat.

But that's another story.....

*John Tonkin*



# Recipes

**Why not give these simple seasonal recipes a go!**

## **Quick & Easy Fish Pie**

### **Ingredients**

- 2 medium potatoes, peeled and cut into 2.5cm chunks
- 1 tbsp butter
- 200g can sweetcorn, drained
- 200g mixed fish fillets or fish pie mix
- 200ml tub full fat crème fraiche
- ½ tbsp cornflour
- 25g cheddar cheese, grated
- Handful of cherry tomatoes, halved
- Freshly ground salt and black pepper



### **Method**

Preheat the oven to 200°C, (180°C fan).

Put the potatoes in a pan, cover with boiling water, bring back to the boil and cook for 8-10 minutes until tender.

Drain the potatoes through a colander then return to the pan. Add the butter and roughly mash with a potato masher.

Put the sweetcorn in the base of an ovenproof dish and top with the fish pieces.

Mix the crème fraiche and cornflour together, season lightly with salt and pepper and pour over the fish and sweetcorn.

Top with the mashed potato, then sprinkle with the grated cheese and black pepper.

Arrange the tomatoes on top and bake in the oven for 25-30 minutes until the top is golden and the sauce is bubbling.

## **Baked Peaches (serves 6)**

### **Ingredients**

- 3 medium peaches
- 2 tbsp. packed brown sugar
- 1/4 tsp. cinnamon
- Pinch nutmeg (optional)
- 3 tbsp. butter
- Vanilla ice cream, for serving



### **Method**

Preheat oven to 325°. Halve peaches and remove pits, then place cut side up in a medium baking dish.

In a small bowl, whisk to combine sugar, cinnamon, and nutmeg, if using. Sprinkle mixture over cut side of each peach. Cut butter into 3 evenly sized tablespoons, then halve each piece. Place a pat of butter in centre of each peach.

Bake until peaches are tender but not losing shape, about 40 minutes. Serve with vanilla ice cream.

**If you have any recipes to share then please let us know!**



# Meet your Governors

*We have asked some of Governors to introduce and tell us a bit about themselves.....*

## Introducing: Pam Posnett

I was born and raised in Derbyshire, the eldest child of 4 and the only girl. My father was the village Blacksmith and Farrier.

I left School and trained as a nurse in Nottingham, upon Qualifying I moved to Kent and worked for Bowater Scott as an Industrial Nurse (now known as Occupation Health Nurse), very different from the NHS but also enjoyable and in some ways more challenging. You were the person who had to make the diagnosis when there was no Doctor on the ward to refer to!.



I moved back to Derbyshire got married had two children. Jane who works for a Housing Developer and Patrick, a Padre in the Army. I continued working as a nurse, part time for a nursing Agency.

This job ultimately led to me working in Melton Mowbray at Pedigree Pet Foods (Part of Mars UK). I was asked to apply for a job at the company and was successful. Unfortunately at this time my marriage came to an end.

I thought I might only stay 5 years in Melton but a few years later I remarried a local person and the rest is history! I worked for the company for 20 years, I took a redundancy offer then my husband and I started our own Occupational Health business which we ran for 12 years.

This was another good time, I met lots of different people working in different occupations and travelled the country from Wick in Scotland to Newton Abbot in Devon.

In 2003 I indulged my interest in Politics and got elected as a Councillor for Melton Borough Council, a position I hold still today. Not content with that, in 2009 I stood for election in the County Elections and was elected to represent part of the town in Melton, so I am what is known as a twin hatted Councillor representing the Borough and County.



It was due to my position as a County Councillor that I was asked if I would like to become the County representative as a Trustee of Wyggeston Hospital Trust.

To be truthful I had never heard of it and when I was told it was off Hinckley Road. I searched my memory as on my infrequent trips along Hinckley Road I had never seen a hospital. I became very interested in the scheme when finding out about the history.



So the day arrived I was invited to attend my first meeting, so left home with the satnav set and when I dubiously turned right as my satnav instructed me to do, I actually had to stop the car and just gaze as I could not believe something like Wyggeston was so close to the City Centre. It was like entering a village.

I am enjoying my time at Wyggeston and never tire of explaining to people what it is and a little of its history.

I have held various positions in both Councils, I was Mayor of Melton in 2007 and am now Vice Chairman of Planning at County. I am a member of the Cabinet and have Communities as my portfolio and was Chairman of the County Council in 2019 and 2020.

Outside of this I chair Melton Mencap, Chair Directors at Melton Learning Hub (an alternative curriculum for students who are not Academic) and am a trustee at Melton Young Singles Trust ( a Hostel for young Homeless)

I have 4 Grandchildren, 2 girls 2 boys who are all now in their twenties but they still I am pleased to say like to visit Mamma. I also enjoy travelling, theatre and cooking.

I hope you have not been bored reading my Journey to Wyggeston.

*Pam*

**(Extra note – Pam failed to mention that she was presented with an MBE by Prince Charles at Buckingham Palace in 2017, after being awarded it in the Queen’s New Year’s Honours List for services to the local community!!)**





## RESIDENTS corner

As most of you by now will be aware, Lesley Freeman, Finance Officer, will be retiring later in the year (no, she doesn't look old enough!). Her replacement Jessica Lomax-Morgan will be starting mid-July so I am sure you will all welcome her with open (socially distanced) arms! Please be patient whilst Lesley trains up Jessica on both her role and payroll.  
Thank you!



Caroline would like to thank everyone who has donated fabric for making Morsbags, here are some of the ones she's made recently. Aren't they fantastic!?



# QUIZ TIME

## 'AROUND BRITAIN'

1. In which English county would you find the FYLDE peninsula?
2. Which city does the extinct volcano known as "Arthur's Seat" overlook?
3. The Great Orme is located near which Welsh seaside town?
4. Which range of hills in Northumberland gives its name to a breed of sheep?
5. Which river flows through the following towns, (i)Halifax, (ii) Cardiff, (iii) Glasgow, (iv) Hereford and (v) Newbury
6. In which English county is the country home of the Spencer family, Althorp House?
7. Which is the oldest university in Scotland?
8. Which four English counties provide a land boundary with Wales?
9. Which TWO English counties form the border with Scotland?
- 10.What was Norwich the first British city to establish in 1608?
- 11.Which city stages an annual "Goose Fair", every October?
- 12.Which English town is famous for its church with the crooked spire?
- 13.The Cambrian mountains are a range in which country?
- 14.The River Tamar joins the coast in which port?
- 15.What is the name of the Derbyshire home of The Duke & Duchess of Devonshire?
- 16.Which is the longest river entirely in (i)England, (ii) Ireland, (iii) Scotland and (v) Wales
- 17.Which Southport golf course has frequently staged the Open Golf championship?
- 18.In which Irish county would you find the interlocking basalt columns known as "The Giant's Causeway"?
- 19.Llandrindod Wells is the administrative centre for which Welsh county?
- 20.Saint Peter Port is the capital of which of the Channel Islands?

**Answers in the next newsletter!**

Answers: 1. Brighton & Hove Albion. 2. Manchester. 3. Bill Clinton. 4. Kent Brockman. 5. [a] "House Nation", reached no 8, [b] "House of Love", no 10, [c] "House Every Weekend", no 1, [d] "House of the Rising Sun", no 1 and [e] "A House With Love In It", no 17. 6. A Beetle. 7. Dresden. 8. Brasier. 9. "I Got You Babe" by Sonny & Cher. 10. September. 11. The Brain. 12. Rivers. 13. Edinburgh. 14. Burgess Meredith. 15. Bela Bartok. 16. The Grass Snake. 17. Urquhart Castle. 18. Ethan Hunt. 19. Kanye West. 20. Carpenter.

**And Finally...**

You **MUST** continue to wear a mask once you have been vaccinated, you may be protected but you can still spread coronavirus to others

