

Supported independent living and residential care

for older people in a friendly community



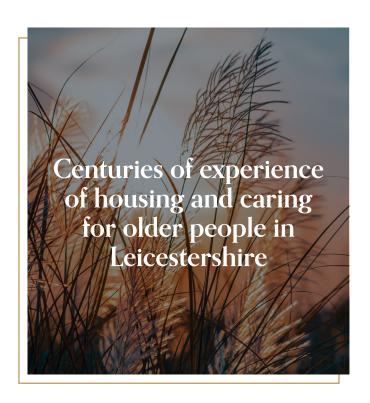


Our Mission

Our mission is to provide a welcoming community where older people feel empowered and enabled to live full, rich lives through quality care, housing and friendship.

The underlying principle we work to is that our residents feel at home, happy and safe, whether that be in the Almshouses or the Care Home. Residents are encouraged to maintain their independence, where possible, by retaining links with family, friends and the wider community.

We aim to provide an environment that fosters residents vibrant social lives.



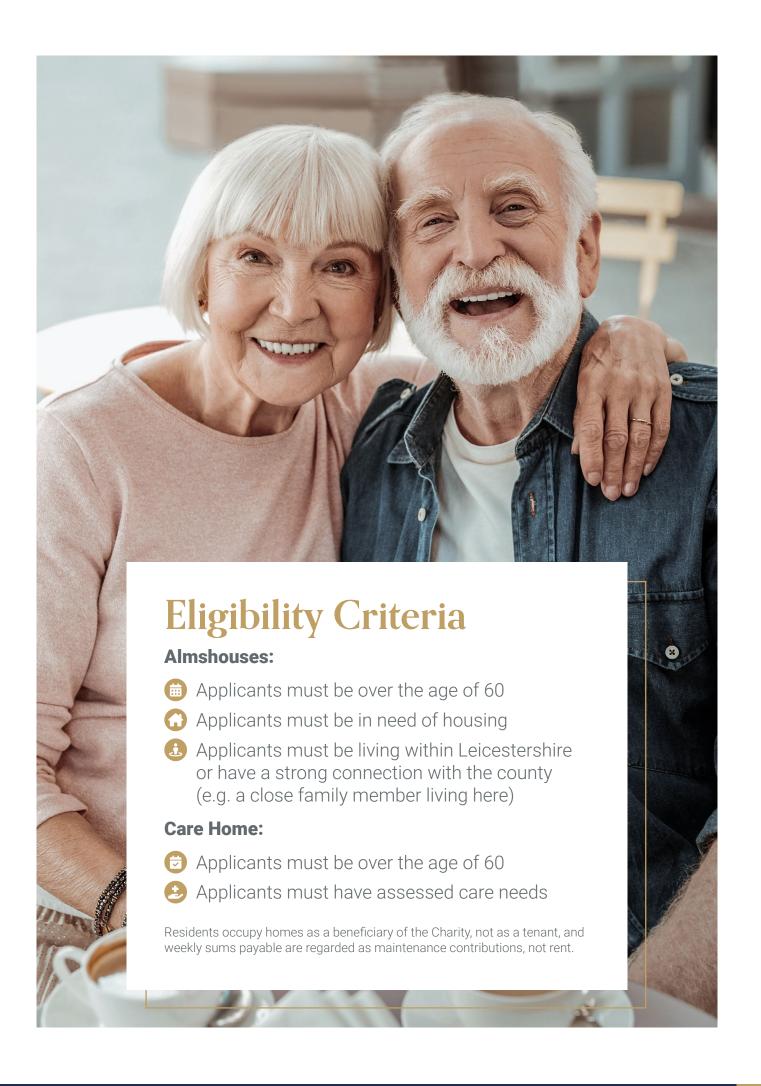
Our History

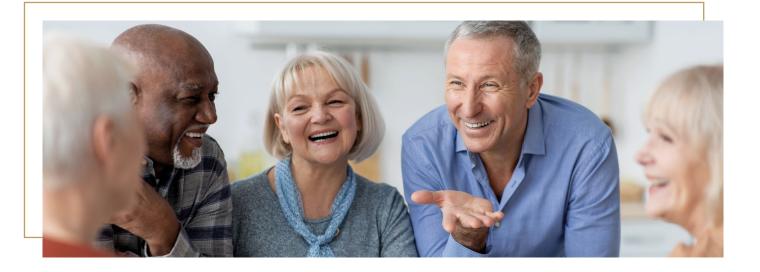
Trinity Hospital was founded by Henry Plantagenet, 3rd Earl of Lancaster & Leicester in 1331 and is the oldest charitable institution in Leicester.

Re-founded by King James I in 1615, it became one of the largest Almshouses in the country by the 19th Century and relocated to its current location in 1995.

William Wyggeston founded his almshouses on land adjacent to St Martin's Cathedral in 1513. A wealthy wool merchant and MP for Leicester, he donated most of his fortune to his charity.

The Almshouse was relocated to the Westcotes area of the city in 1868 and the present building dates from 1967.





Our Almshouses

Our almshouse accommodation is spread over two sites in central Leicester, with amenities and shops right on the doorstep.

Our almshouse locations are:

- William House (Wyggestons)
- The Cottages (Wyggestons)
- Lancaster House (Wyggestons)
- Trinity Hospital

The almshouse accommodation is comprised of one or two-bedroom flats and six cottages. Within each home there is a living room, separate bedroom, shower or wet room and a kitchen. All homes are centrally heated and linked to our Warden Team by a call system. Some of our accommodation has been adapted with level access, wet rooms and modified kitchen/living spaces, in order to better support residents with mobility issues.

We have communal laundry rooms, guest accommodation and free wi-fi at both sites.

Our beautiful communal gardens are cared for by our gardening team, with each site having seating areas for residents to enjoy throughout the year.

Living here, there's no need to worry about day-to-day maintenance and repairs; our Maintenance Officer along with our trusted sub-contractors ensure that all properties are kept to a high standard.

"I start every day feeling happy and grateful to be here. I was very isolated where I lived before but here, everyone is so friendly. If I'm ever feeling a bit lonely, I just need to go for a stroll and I'll come across someone to do something with."

"I have lived at Wyggestons for over 20 years and management and staff have always been very kind and caring towards me. I bless the day that one of my old neighbours told me about Wyggestons."

"I could not have found a better place to live; supported and living with nice people."

Our Care Home

Agnes House is our Care Home, located at the Wyggestons site and accommodates 26 residents on a long term or respite basis, offering the very highest standards of care to all.

Each bedroom is single occupancy with ensuite facilities, television point and a 24 hour call system. Our spacious dining room offers a relaxing place to take meals, with a varied menu that can cater for individual dietary requirements.

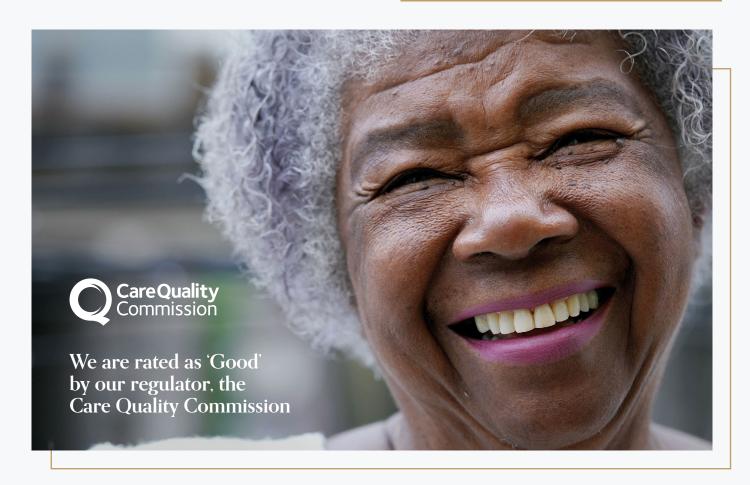
Agnes House offers a secure environment set in five picturesque acres. Fostering independence and trust at the same time as providing optimum levels of care and attention to all residents is imperative to our care service.

Whatever the circumstances, residents' families are strongly encouraged to support their loved one by visiting regularly. Rest assured, you and your family are always part of the decision-making in your ongoing care and discussions about your future needs.

"My family and I are delighted with the welcome we and mum have received and send a big thanks to everyone for such a brilliant place."

"My father has been here quite a while and he feels that the care and support is first class. Interaction with staff is very good and it appears to be more than a job as staff show a real desire to help and always do their best."

> "I love the cups of tea or coffee staff give me when I visit!"





A Vibrant Life at Wyggestons & Trinity

Our community lounges are spacious, light and bright rooms that serve as the hubs of our social activities.

A wide range of social activities led by residents, staff and other agencies take place on a daily basis; don't worry about remembering all the dates and times though, our 'What's On' leaflet for upcoming events and any important notices is hand-delivered each week.

We also take great pride in our in-house monthly newsletter 'The Duchy Digest' (so named due to the Charity's historical ties to the Duchy of Lancaster, or King Charles as he is more commonly known!) It is made with love by our Admin Team and is jam-packed full of photos of social events, recipes, puzzles, poems, stories and so much more. Not only is this also hand-delivered to all residents but we also upload a digital copy to our Facebook page, so that residents' family and friends can keep up to date.



Regular Activities

- → Quiz
- → Bingo
- → Film Club
- → Gardening Club
- → Arts and Crafts Club
- → Coffee Mornings with Raffle and Guest Speaker
- → Breakfast Club

Health and Well-being Activities

- → Manicures/Pedicures
- → Music and Movement Afternoon
- → Wellbeing Wednesday
- → Chair-based Exercises

Trips and Outings

Staff organise regular outings to shopping areas, garden centres and even the seaside! We organise visits to shopping areas, garden centres and even the seaside! We also have an established relationship with the local Oddfellows Society who organise monthly outings/events that our residents can join.

Special Occasions

We love to make a fuss when there is a special occasion to celebrate! Whether it be afternoon tea on Mother's Day, one of the many band/choir concerts or a Christmas party, there is always something to look forward to.

Spirituality

We welcome people of all faiths or none and will support you in finding local services/groups that meet your individual requirements. We have chapels at both sites where weekly services are taken by our Chaplain, who also provides pastoral support to all residents.

Having your Say

It is important to us that our residents have a voice and plenty of opportunities to have their say. Some of the ways we achieve this are:

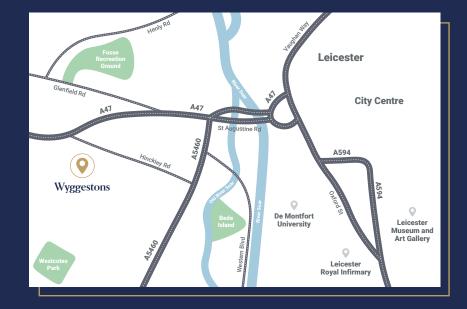
- Quarterly Residents Meetings
- Quarterly Governors Visits
- **&** Annual Residents Charity Nominations
- Annual Residents Surveys





Wyggestons

- 160 Hinckley Road Leicester LE3 OUX
- **©** 0116 255 9174
- enquiries@wyggestons.org.uk
- www.wyggestons.org.uk





Trinity Hospital

- 9 50 Western Boulevard Leicester LE2 7BU
- **Q** 0116 255 4829
- office@trinityleicester.org.uk
- www.trinityleicester.org.uk

